

Nov 2014
Number 36

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Dates to Remember!!

29 Nov 14
Black Belt and
Colour Belt Test

06 Dec 14
Xmas Party

Xmas Break
23 Dec – 03 Jan 15



NEWSLETTER



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HALLOWEEN FUN!

Spooky happenings at Sparks Taekwon Do



On Thursday 30 October 2014, students traded doboks for costumes and candy. We were joined by the Girl Guide troop who helped with some fun activities. Parents, students and instructors put their imaginations into high gear for their costumes. There was a game of musical chairs, a pumpkin carving competition and costume judging. Good fun was had by all!



Parents having fun too!



Musical chair madness!



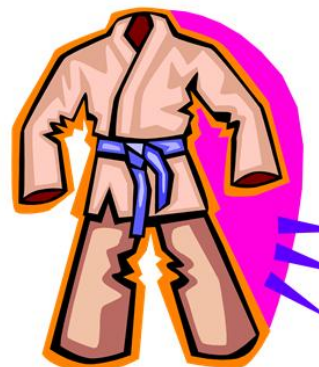
Tigger vs. Power Ranger



Yummy Treats!!

REMINDERS FOR STUDENTS - UNIFORMS

The dobok we wear to come to class for Taekwon Do is not like our other clothes. Your dobok is a uniform. That means you need to take good care of it and always wear it properly. When you arrive for class, you should be wearing your **full**



uniform – Jacket, Pants and Belt.
If you wear a t-shirt under your jacket it should be tucked into your pants and not hanging down underneath. Your uniform shouldn't be worn for any activity except Taekwon Do.

Sparks TKD Xmas Party

Movie, Treats and Prizes

Saturday Dec 6 - 9:00 a.m - Noon

Movie, Treats, Prizes

Tickets
\$5 - or \$20 for a family

Historic O'Brien Theatres
 147 John St N,
 Arnprior, Ont

See Pennylynn Woodruff in class for Tickets

SPARKS TAEKWON DO GEAR

By the time you reach Green Belt, you should have your own set of Sparring Gear which you can order through Sparks Taekwon Do, just speak to Sir. It is never too soon to get your very own Spectacular Warm up jacket, hoodie or t-shirt. Contact Pennylynn Woodruff if you are interested.



We need to have a minimum order of 19 to place an order with the supplier.
 Makes a great Christmas gift for your favourite Martial Artist!!